

Mahalo for supporting the Diocese of Honolulu "Akua Run/Walk for Vocations."

A group of priests, sisters, brothers, deacons, seminarians and lay people run or walk the marathons (according to their pre-determined distance) to be held in the Islands of Hawaii as a way to raise awareness, solicit prayers and make sacrifices in support of our future priests, deacons, and consecrated of our Church. By gathering all our prayers and offering pledges, we can make a difference.

How will your pledges help? Each pledge to pray for vocations contributes to the spiritual bucket that the "Akua Run/Walk for Vocations" Team will take with them during each marathon.

Register today [to get a better rate] because the marathon fills up fast!!

All are invited to run/walk for Vocations! "Akua Run/Walk for Vocations" series is sponsored by the Office of Vocations of the Diocese of Honolulu. Everyone who is fit to run or walk is invited to join the team! 2009 will be a GREAT year to join us and gather prayers pledged for vocations to the priesthood, the consecrated life, and the diaconate!

Here's how it works...

- Every participant needs to register in advance at the various websites of his/her preferred marathon. See list of marathons.
- Join the "Akua Run/Walk for Vocations (AR/W4V)" Team! You can prepare to walk or run for your preferred marathon (see list of marathons). Please submit your names to the Vocations Office so we can provide you with the materials (e.g. T-shirts, prayer materials, etc.)
- Pray for vocations while you train. Example: pray a rosary each time you run or walk in preparation, and offer it up for vocations in our diocese.
- Ask for pledges of prayers for vocations for each mile you run/walk from friends and family members. Example: Auntie Martha will pray 1 rosary for each mile run/walked for Vocations; 13.1 miles = 13 rosaries said for vocations!!!
- Have your supporters post (or you may post) the pledges at: <http://akuarunwalkforvocations.blogspot.com>
- Join us for a **Mass for Vocations** to be presided by Fr. Peter Dumag, Director of Vocations, or our Bishop before any marathon.
- Volunteer to be a prayer partner, get involved in prayer groups, or offer support by cheering along the course. AR/W4V Team form is also available at vocations.catholicahawaii.org.



Please Contact: Rev. Peter J. Dumag, Vocations Director
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PH: (808) 585-3355 FAX: (808) 585-3384
Vocations.catholicahawaii.org / www.catholicahawaii.org



AKUA Run for Vocations

I have finished the race, I have kept the faith
(2 Timothy 4:7)

*Marathon Series for the Catholic Faithful
of Diocese of Honolulu, Hawaii*

**At each marathon, Catholic faithful offer
their sacrifice and prayer pledges
to run/walk "extra miles" for vocations.**

AKUA Run/Walk for Vocations Marathon Series

INTRODUCTION

The "Akua Run/Walk for Vocations" series is a creative way to raise awareness and to strengthen the culture of vocations to the ordained ministry and consecrated life in the Diocese of Honolulu, Hawaii. This series will be held in conjunction with the Marathons in the islands of Hawaii, namely Honolulu Marathon, Maui Marathon, Kauai Marathon, Kona Marathon, etc. Participants may be priests, sisters, lay people and seminarians who pledge to pray and make an extra mile for vocations.

RATIONALE

Priests and those in the consecrated life, like any person, share interests — interests such as running or playing sports. Training is a time to reflect and to pray. It is important that we include prayer into our undertakings. Runners/walkers know that in the course of their respective races they'll experience great challenges. But the sense of accomplishment and mission to overcome these challenges makes it worthwhile to them. Each runner/walker will say "I do not run aimlessly" (1 Corinthians 9:26).

Bishop Larry Silva of Honolulu has supported these initiatives in line with the Catholic Church celebration of the Jubilee Year of St. Paul. This will be a positive statement of the Diocesan Vocations Office to bring awareness to people that we as a Catholic community are determined to make a difference, and we as a Church are expressing a need for vocations.

DESCRIPTIONS

- Runners/walkers collect "prayer for vocations" **pledges**, instead of donations, from the friends for Vocations, parents, parishioners, students and youth ministry members.
- Runners/walkers circulate a **sign-up sheet** for people willing to pray for vocations for each mile they complete.
- Each runner/walker carries a **prayer card** of vocation candidates to pray for during the race.
- Runners will be identified through their vocation shirts with the motto, "I do not run aimlessly" (1 Corinthians 9:26) or "I have finished the race; I have kept the faith" from 2 Timothy 4:7.
- A day before the race, all participants are encouraged to attend Mass (venue varied) with Rev. Peter Dumag or the Bishop presiding. Anyone can sponsor a Carbo-snack.

FEBRUARY 16, 2009 | 25th AN



At each marathon, they offer their sacrifice
to run/walk "extra miles" for vocations.

February 16, 2009, Great Aloha Run (OAHU) www.greataloharun.com

The 8.15 mile relatively flat course starts at 7:00am at Aloha Tower and ends at the Aloha Stadium. Fee: Regular Entry \$40 until 2/8. To sign up for the race please call the Great Aloha Run office at (808) 528-7388.

March 22, 2009 (Sunday), Big Island International Marathon (HAWAII)
www.hilomarathon.org

The Big Island International Marathon takes place on the east coast of Hawaii Island. The event usually includes a full 26 mile marathon, a 10 to 13 mile running race, and a walking event and fun run that is usually about 3 miles.

June 28 (Sunday) Kona Marathon & Family Fun Run (HAWAII)
www.konamarathon.com

The marathon offers Marathon, (26.2 miles), 1/2 Marathon, (13.1 miles), 10 Kilometer, and 5 Kilometer. All distances are open to runners, walkers, and wheelchair athletes of all ages and abilities. Start at 5:30am at the Outrigger Keauhou Beach Resort just south of Kailua-Kona on the Big Island of Hawaii. **Fees:** Marathon-\$60, 1/2 Marathon-\$55, 10K-\$35, 5K-\$25.

September 6, 2009 (Sunday) 2009 Kauai Marathon (KAUAI)
www.thekauaimarathon.com

The first annual Kauai Marathon will take place on September 6, 2009 and its start and finish lines will be on the grounds of the Poipu Beach Resort.

September 20, 2009 (Sunday) Maui Marathon & Half Marathon (MAUI)
www.maui-marathon.com

This annual race includes full 26.2 mile course and half marathon events which starts at 5:30am in Kahului at Queen Ka'ahumanu Center. Register early as fees vary (from \$65 to \$110 from 01/09 to 08/09) for VIRR Member www.virr.com, Kama'aina and all others.

December 13, 2009 (Sunday) Honolulu Marathon (OAHU)
www.honolulu-marathon.org

26 miles, 385 yards or 42.195 kilometers. The Honolulu Marathon's scenic course includes spectacular ocean views alongside world-famous Waikiki Beach, and Diamond Head and Koko Head volcanic craters. The marathon starts at 5am at Ala Moana Boulevard/Queen Street Extension and Finish at Kapiolani Park. Register early at avail of discounted fees.

